K12 ACADEMICS — STUDY ABROAD SERIES

Study Abroad in Poland

A guide for students planning a semester or year abroad — program types, credit transfer, costs, the student visa, and how to find the right program.

K12 ACADEMICS

Find Your Community

2026 EDITION

ABOUT K12 ACADEMICS

The world's largest education resource.

Online since 2004, K12 Academics has helped millions of families, students and educators **find the right school, college, camp, business and program in their community** — for every kind of learner.

AFFORDABLE, HISTORIC, AND RISING FAST

Poland is a fast-rising, affordable study-abroad destination — strong universities, a rich history, a central European base, and growing English-taught programs. This guide is for students planning a **semester or year abroad**: it covers **program types, credit transfer, costs, and the student visa**, and points you to the K12 Academics directory to find and compare programs.

General guidance, not legal, immigration, academic, or financial advice. Polish rules, fees, and program details change and vary by institution. The details here are recent examples and **must be confirmed with your home study-abroad office, the host institution or provider, and the relevant consulate**. K12 Academics does not run or endorse any specific program — use the K12 Academics directory to find and compare your options.

1

STEP 01 OF 10

Understand Why Students Choose Poland

WHAT TO KNOW

Poland offers **an affordable cost of living, strong universities, a rich history, and a rapidly growing range of English-taught programs** — one of the most rewarding places to spend a semester or year abroad.

BY THE NUMBERS

Affordable	Strong	English-taught
& historic	universities	growing fast

HOW TO HELP

Weigh Poland—s **affordability and rising quality** against a smaller (if growing) English-taught catalogue — for value, history, and central-Europe access, it—s a strong choice.

WATCH OUT

Poland is a **fast-rising, affordable** study-abroad destination — strong universities at some of Europe's lowest costs.

2

STEP 02 OF 10

Understand the Types of Study Abroad Programs

WHAT TO KNOW

Your main options: **direct enrollment** (you enroll at a local university — the most immersive), **exchange** (through your home university—s partnership — you pay home tuition), **third-party provider programs** (which bundle courses, housing, and support — the most guided), and **faculty-led short programs** (a few weeks with your own professors). Browse and compare options in **the K12 Academics directory**.

BY THE NUMBERS

Direct enrollment	Exchange	Provider / faculty-led
most immersive	pay home tuition	most guided

HOW TO HELP

Match the **program to your goals** — direct enrollment for immersion, exchange for value, a provider for support, or a faculty-led program for a short taste — then find options in the K12 Academics directory.

GOOD TO KNOW

Find and compare **specific programs, providers, and host universities** in the K12 Academics directory — this guide stays program-neutral.

3

STEP 03 OF 10

Understand Credit Transfer & Academics

WHAT TO KNOW

Credits use the **ECTS system** (30 ECTS ≈ a full semester). Before you go, **get your courses pre-approved by your home study-abroad and academic advisors** so credits transfer cleanly toward your degree. You—ll receive a **transcript** to bring home — keep syllabi and coursework in case of later evaluation.

BY THE NUMBERS

ECTS	Pre-approve	Transcript
30 ECTS	courses before you go	keep syllabi

HOW TO HELP

Protect your credits — get courses **pre-approved by your home office**, understand ECTS and local grading, and keep syllabi for transfer.

GOOD TO KNOW

Pre-approve your courses with your home study-abroad and academic advisors before departure — it—s the key to clean credit transfer.

4

STEP 04 OF 10

Know the Costs & Funding

WHAT TO KNOW

Costs vary by route: **exchange** students usually pay **home tuition**; **provider programs** charge a program fee (bundling tuition, housing, and support); **direct enrollment** means affordable public tuition (or fees for non-EU), and Poland's living costs are among Europe's lowest. Poland—s cost of living is **affordable (among Europe's lowest)**. Look into **scholarships** (the Gilman (US students), Erasmus+ (Europeans), and provider aid), and check whether your **financial aid travels** with you.

BY THE NUMBERS

Exchange	Provider	Scholarships
pay home tuition	one bundled fee	Gilman, Erasmus+, NAWA scholarships

HOW TO HELP

Budget by route — exchange (home tuition), provider (one bundled fee), or direct enrollment; Poland costs are affordable (among Europe's lowest). Pursue scholarships and check aid portability.

GOOD TO KNOW

Check whether your **home financial aid can be applied** to study abroad — many students fund part of the cost this way.

5 STEP 05 OF 10

Understand the Student Visa & Entry

WHAT TO KNOW

EU/EEA students don't need a visa. Non-EU students staying **over 90 days** need a **student visa** and a **temporary residence card** (with proof of funds and insurance). You—ll typically show **proof of acceptance, sufficient funds, housing, and health insurance**. Shorter programs often need only standard Schengen entry. Start early — the process takes time. Confirm current rules with the relevant consulate.

BY THE NUMBERS

EU/EEA	Non-EU	Under 90 days
no visa needed	student visa + residence card	Schengen entry

HOW TO HELP

Know your entry — EU/EEA students need no visa; non-EU students need a **student visa and residence card**; shorter programs often use standard Schengen entry; start early.

GOOD TO KNOW

Non-EU students obtain a **temporary residence card** for longer stays.

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STEP 06 OF 10

Plan Health, Safety & Insurance

WHAT TO KNOW

Arrange **health insurance** that covers you in Poland (some programs include it). Poland is **generally safe, with normal big-city precautions**. Know your **program—s support and emergency contacts**, register with your **home country—s embassy** if advised, and keep copies of key documents.

BY THE NUMBERS

Health insurance	Safety	Know
required (some included)	normal precautions	program support

HOW TO HELP

Cover the essentials — health insurance (some programs include it), sensible precautions, and your program—s support and emergency contacts.

GOOD TO KNOW

Know your **program—s in-country support and emergency contacts** before you go — a good provider makes this easy.

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STEP 07 OF 10

Prepare Language & Culture

WHAT TO KNOW

The main language is **Polish**, and **English-taught programs are expanding quickly**, especially in medicine and business. Even basic Polish enriches daily life, so brush up before you go. Housing options include **university residences, homestays (great for language), and shared apartments**. Embrace the cultural differences — they—re the point.

BY THE NUMBERS

Language	Housing	Immersion
Polish (English-taught growing fast)	residence, homestay, apartment	the point

HOW TO HELP

Prepare to immerse — brush up your Polish (English-taught options are growing fast), choose housing that fits your goals (a homestay boosts language), and embrace the culture.

GOOD TO KNOW

A **homestay** is a fast route to immersion — a homestay is the fastest route to language immersion.

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STEP 08 OF 10

Plan the Timeline & Apply

WHAT TO KNOW

Apply **well ahead** — typically **a semester or two before** you go. The usual order: **meet your home study-abroad office**, choose and apply to a **program**, secure **course pre-approval**, then arrange your **visa, housing, and insurance**. Poland offers **fall, spring, summer, and full-year** options. Deadlines and visa processing drive the schedule.

BY THE NUMBERS

Apply	Order	Intakes
a semester+ ahead	home office → program → visa	fall, spring, summer, year

HOW TO HELP

Plan the sequence — start with your home study-abroad office, apply to a program, pre-approve courses, then handle visa, housing, and insurance; apply a semester or two ahead.

GOOD TO KNOW

Start with your **home study-abroad office** — they guide approvals, credit, aid, and often have partner programs ready.

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STEP 09 OF 10

Make the Most of It

WHAT TO KNOW

Once in Poland, **engage fully**: explore Poland's history and old towns, travel central Europe, learn some Polish, and join university life. Keep an eye on **credit and attendance requirements**, document your experience, and use your program—s support. A semester abroad is as much about growth as academics.

BY THE NUMBERS

Engage	Travel	Track
explore old towns	central Europe	credit & attendance

HOW TO HELP

Thrive abroad — explore Poland's old towns, travel central Europe, and join university life, and stay on top of credit and attendance while making the experience your own.

GOOD TO KNOW

Build friendships **beyond fellow exchange students** — local connections deepen both language and experience.

10 STEP 10 OF 10

Find Your Program & Get Started

WHAT TO KNOW

Once you know your route, **find and compare specific study-abroad programs, providers, and host universities in the K12 Academics directory**. Work with your home study-abroad office, pre-approve credits, apply, and arrange your visa. Confirm current rules with the host university and the Polish consulate and the relevant consulate.

BY THE NUMBERS

Find & compare	Work with	Arrange
programs & providers	your home office	credits & visa

HOW TO HELP

Use **the K12 Academics directory** to find and compare study-abroad programs, providers, and host universities, work with your home office, pre-approve credits, apply, and arrange your visa.

WATCH OUT

Browse **the K12 Academics directory** to find the specific programs and providers that fit your goals and field of study.

QUICK REFERENCE

Study Abroad in Poland: The Essentials

A snapshot — program-neutral. Confirm details with your home office, the host institution, and the consulate.

The destination

A fast-rising, affordable study-abroad destination — strong universities, a rich history, a central European base, and growing English-taught programs — with bases in Warsaw, Kraków, Wrocław, and Poznań.

Program types

Direct enrollment (most immersive), exchange (pay home tuition), provider programs (bundled courses and support), and faculty-led short programs — find and compare in the directory.

Credit & academics

Credits use ECTS (30 ECTS ≈ a full semester); get courses pre-approved by your home study-abroad and academic advisors so they transfer cleanly; you receive a transcript — keep syllabi.

Costs & funding

Exchange (home tuition), provider (one bundled fee), or direct enrollment; costs are affordable (among Europe's lowest); pursue scholarships (Gilman, Erasmus+, NAWA scholarships) and check whether home aid travels with you.

Visa & move

EU/EEA students need no visa; non-EU students staying over 90 days need a student visa and temporary residence card; shorter programs use Schengen entry; arrange health insurance and apply a semester or two ahead.

YOUR STUDY-ABROAD-IN-POLAND JOURNEY STARTS HERE

Find Your Community.

Explore our other Study Abroad in [Country] guides, and find and compare programs and providers in the K12 Academics directory — among **1,297 free resources**.

tools.k12academics.com →

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